

MAJORETTE SPORT WORLD FEDERATION



SEMINAR OF MAJORETTE SPORT

LUXEMBOURG/15.-16.04.2023.

PROGRAMME:

SATURDAY/15.04.2023.

10:00 – 12:00

THEORETICAL PART

- MWF history - organization -calendar
- MWF rulebook: introducing basic rules, competitive categories, compulsory elements, levels of work with equipment
- COMPETITIVE CATEGORIES:
 - BATON CHOREOGRAPHY
 - BATON DEFILE
 - POM-PON CHOREOGRAPHY
 - POM-PON DEFILE
 - BATONFLAG

12:30 - 14:30

PRACTICAL PART

- Warm-up
- Levels of work with BATON
- Work on BATON CHOREOGRAPHY /mini formation, group/

LUNCH BREAK

15.30 -19.00

PRACTICAL PART

- Warm-up
- Levels of work with POM PON
- Work on POM PON CHOREOGRAPHY /mini formation, group/

ENTRY FEE: 15.00 EUR



MAJORETTE SPORT WORLD FEDERATION

BECOME A PART OF GREATEST WORLD'S MAJORETTE FAMILY!