

RULEBOOK

TWIRLING BATON



www.majorettes-mwf.net

TWIRLING BATON

is new disciplines for the federation MWF.

Twirling baton is a specific discipline that includes MWF rules for BATON.

These rules are no copyright.

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COMPETITION CATEGORIES AND TIME LIMITS

DISCIPLINES: Rhythmic solo, Rhythmic duo

1. Rhythmic solo limit min 1:15 – 1:30 min.
2. Rhythmic duo limit min 1:15 – 1:30 min.
3. Rhythmic team limit min 2:30 – 3:00 min.

CATEGORIES/age:

Age categories:

- Cadets 6 – 11 age
- Juniors 12 – 14 age
- Seniors 15 and more age

Není důleži měsíc narození, ale věk dovršený v daném kalendářním roce.

DUO - musí odpovídat stejné věkové kategorii

TEAM – Cadets (6-11 let)

 Juniors (12-14 let)

 Seniors (15 a více let)

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TABLE CONSTRAINTS

SENIORS

JUNIORS

CADETS

	SENIORS	JUNIORS	CADETS
<u>Acrobatics elements</u>	Without limits, Throwing are allowed	Without limits, Throwing are allowed	Throwing are forbidden
<u>Gymnastics elements</u>	Without limits, Throwing are allowed	Without limits, Throwing are allowed	Allowed only throw with - Roll over back Other gymnastice elements – jumps, elements of flexibility etc. Are allowed, without throwing.
<u>Levels</u>	Use of elelements from levels I. – V. Twirling must be executed smoothly, in combinations and technically correct.	Use of elelements from levels I. – V. Twirling must be executed smoothly, in combinations and technically correct.	Use of elements from level I. – V. technically correct.
<u>Spin</u>	Compulsory are 1x high throw with spin (360°) and compulsory are 1x double spin. Multiple spin can be bonificated. Spin must be technically correct.	Compulsory are 1x high throw with spin (360°). Must be technically correct Multiple spin can be bonificated.	Is not required. Spin must be technically correct.
<u>Tricks, flip</u>	Without limits	Without limits	Without limits

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CADETS:

Age: 6 - 11 age

Disciplines:

- Rhythmic solo
- Rhythmic duo
- Rhythmic team

Competiton choreography:

ACROBATIC elements are allowed, but throwing are forbidden

GYMNASTICS elements are allowed ;

LEVEL elements - use of elements from level I. – V. technically correct

SPIN - is not required. Spin must be technically correct.

TRICKS, FLIP – without limits

Levels

Costumes, competitors dresses, visage:

- Competitors costumes, their hair style and make-up and the overall visage should comply with the age category, music character and used equipment

JUNIORS:

Age: 12 – 14 age

Disciplines:

- Rhythmic solo
- Rhythmic duo
- Rhythmic team

Competiton choreography:

ACROBATIC elements - without limits, throwing are allowed

GYMNASTICS elements - without limits, throwing are allowed

LEVEL elements - Use of elements from levels I. – V. Twirling must be executed smoothly, in combinations and technically correct.

SPIN – Compulsory are 1x high throw with spin (360°). Must be technically correct. Multi spin can be bonificated.

TRICKS, FLIP – without limits

Costumes, competitors dresses, visage:

- Competitors costumes, their hair style and make-up and the overall visage should comply with the age category, music character and used equipment

SENIORS:

Age: 15 and more age

Disciplines:

- Rhythmic solo
- Rhythmic duo
- Rhythmic team

Competiton choreography:

ACROBATIC elements - without limits, throwing are allowed

GYMNASTICS elements - without limits, throwing are allowed

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LEVEL elements - Use of elements from levels I. – V. Twirling must be executed smoothly, in combinations and technically correct.

SPIN – Compulsory are 1x high throw with spin (360°). Compulsory are 1x double spin. Must be technically correct. Multi spin can be bonificated.

TRICKS, FLIP – without limits

Costumes, competitors dresses, visage:

- Competitors costumes, their hair style and make-up and the overall visage should comply with the age category, music character and used equipment

- RHYTHMIC SOLO

Disciplines for: MAN/WOMAN - separate disciplines

Number of competitors: 1

Categories

- Cadets
- Juniors
- Seniors

Stage: 12 m x 12 m

Music: free choice – limit are 1:15 – 1:30 min.

Costumes: Competitors costumes, their hair style and make-up and the overall visage should comply with the age category, music character and used equipment

Limitations: with table constraints

Competitor choreography composition

1. Coming without music
2. Always after moderator announcement
3. Stopping ; Stop figure
4. Competition program
5. Stopping, end of music, final position (stop figure)
6. Leaving without music

Characteristics

1. Music to competitor program must be ended with the end of the choreography.
2. The choreography must be perfectly executed work with equipment smoothly with dance, gymnastic elements and acrobacy. Choreography should include vertical and horizontal throws, tricks, rolls and dance steps.

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Used dance steps, gymnastic and acrobacy elements and work with equipment, must be technically correct.

RHYTMIC DUO

Disciplines for: MAN/WOMAN - separate disciplines

Number of competitors: 2

Categories

- Cadets
- Juniors
- Seniors

Stage: 12 m x 12 m

Music: free choice – limit are 1:15 – 1:30 min.

Costumes: Competitors costumes, their hair style and make-up and the overal visage should comply with the age category, music character and used equipment

Limitatios: with table constraints

Competiton choreography composition

1. Coming without music
2. Always after moderator announcement
3. Stopping ; Stop figure
4. Competition program
5. Stopping, end of music, final position (stop figure)
6. Leaving without music

Characteristics

1. Music to competiton program must be ended with the end of the choreography.
2. The choreography must be perfect executed work with equipment smoothly with dance, gymnastic elements and acrobacy. Choreography should include vertical and horizontal throws, tricks, rolls and dance steps.

Used dance steps, gymnastic and acrobacy elements and work with equipment, must be technically correct.

RHYTMIC TEAM

Disciplines for: MAN/WOMAN - separate disciplines

Number of competitors: 6-8 competitors

Categories

- Cadets
- Juniors
- Seniors

Stage: 20 m x 20 m

Music: free choice – limit are 2:30 – 3:00 min.

Costumes: Competitors costumes, their hair style and make-up and the overall visage should comply with the age category, music character and used equipment

Limitations: with table constraints

Competition choreography composition

1. Coming without music
2. Always after moderator announcement
3. Stopping ; Stop figure
4. Competition program
5. Stopping, end of music, final position (stop figure)
6. Leaving without music

Characteristics

1. Music to competition program must be ended with the end of the choreography.
2. The choreography must be perfectly executed work with equipment smoothly with dance, gymnastic elements and acrobacy. Choreography should include vertical and horizontal throws, tricks, rolls and dance steps.

Used dance steps, gymnastic and acrobacy elements and work with equipment, must be technically correct.

- PENALISATIONS

TJ – technical juror

PJ – point juror

- **Competitors are not ready for competition after it has been announced by the moderator** – 0,1 bod (TJ)
- **Entering the stage before the speaker's announcement** – 0,2 (TJ)
- **Missing STOP figure** – 0,1 (PJ)
- **Onset, leaving with music** – 0,5 (TJ)
- **Music is not ready** – 0,1 (TJ)
- **Transcription of music is of low technical quality, bad mix** – 0,1 (TJ)
- **Do not hold time limit, for every second** -0,05 bodů (TJ)
- **Failure to comply with the costume requirements, falls of costume parts** – 0,1 (TJ)
- **Unauthorised costumes** -0,3 (TJ)
- **Competitor's balance** – 0,1 (TP)
- **Competitor's fall** -0,3 (TP)
- **Fall equipment** – 0,05 (TJ)
- **Catching the baton with both hands** -0,3 (PJ)
- **Bad technically executed elements** -0,3 (PJ)
- **Bad technically executed dance steps** -0,2 (PJ)
- **Bad technically executed gymnastic and acrobatic elements** -0,2 (PJ)
- **Bad synchron in duo and team** – 0,5 (PJ)
- **Overstepping the line (for each person)** – 0,1 (TJ)
- **Performance is interrupted by competitor** – disqualification (TJ)

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