

# MAJORETTE SPORT WORLD FEDERATION



## SEMINAR OF MAJORETTE SPORT

LUXEMBOURG/01.-02.10.2022.

### PROGRAMME:

#### SATURDAY/01.10.2022.

10:00 – 12:00

#### THEORETICAL PART

- MWF history - organization -calendar
- MWF rulebook: introducing basic rules, competitive categories, compulsory elements, levels of work with equipment
- COMPETITIVE CATEGORIES:
  - BATON CHOREOGRAPHY
  - BATON DEFILE
  - POM-PON CHOREOGRAPHY
  - POM-PON DEFILE
  - BATONFLAG

12:30 - 14:30

#### PRACTICAL PART

- Warm-up
- Levels of work with BATON
- Work on BATON CHOREOGRAPHY /mini formation, group/

#### LUNCH BREAK

15.30 -19.00

#### PRACTICAL PART

- Warm-up
- Levels of work with POM PON
- Work on POM PON CHOREOGRAPHY /mini formation, group/

ENTRY FEE: 15.00 EUR



MAJORETTE SPORT WORLD FEDERATION

BECOME A PART OF GREATEST WORLD'S MAJORETTE FAMILY!